

THE SOUTHERN TERRAIN



Volcanoes of Ecuador - 11 day Cayambe & Cotopaxi

Ecuador presents a relatively untraveled paradise for the beginning mountaineer. In eleven days, we will attempt to summit two of Ecuador's highest peaks: Cotopaxi (19,347ft/5,897m), and Cayambe (18,996ft/5,790m). Great effort is required to summit all of these in a relatively short period of time, yet it provides a definitive place to test altitude and fitness limits. For more information click [HERE](#).



Anza Borrego - Canyoneering



Take the 78 East through Julian and you'll wind up in the amazing Anza-Borrego desert with overwhelming views of vast mountains, valleys, cliffs, sand and canyons. Next Spring we'll be offering Canyoneering trips in this area which is only a two hour drive from the city.

For more information click [HERE](#).

News and Notes

Meet our new guide, Joshua Reinig. Joshua will be helping with our local adventures including the climbing programs and courses. Meet our team [HERE](#).

Lake Dixon is a climbing crag located in North County with some of the cleanest granite in the county. Come out with TST and check out the fun climbing and the scenic views of the lake and surrounding area. For more information click [HERE](#).



Recent Adventures - Big Rock



TST is offering a new climbing area in the Inland Empire of Southern California. This area offers spectacular single and multi-pitch routes, long rappels, and a wide variety of climbs for all ability levels. Book your climb at Big Rock [HERE](#). Mention this newsletter and receive 20% off a 4 hour session.

The Southern Terrain Gives Back

A recent participant in our September Kilimanjaro climb, Ericka Harrison had Ali, a boxer, since she was 6 weeks old along with her big sister Brin. She decided she wanted to dedicate her climb up Mt. Kilimanjaro in honor of Ali and also in hopes of raising awareness and money to help other dogs with cancer. Learn more about Ericka and the National Canine Cancer Foundation [HERE](#).



Follow what TST is up to by joining our [BLOG](#).



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